



The Gap That Had Gone Way Too Far.

First, we must define a gap, a gap is your solely understanding of where you stand today and where you think/would like to stand.

If you look in the mirror and are satisfied with where you are, you are in balance, content and satisfied, with what you do and what you achieve.

If you stand in front of the mirror and look at yourself and you want something else. Then there is a gap

In anything where you do not see an equal to what you want, is a gap.

If we do not change, we cannot grow

Gaps can arise everywhere in our lives from, who is our partner to work, to ways we do things or are. Life gaps have no limits.

The tricky thing about a life Gap is that:

- It can only be felt by you
- It can only be seen by you
- It can only be understood by you





Why Is Gap Considered **Underrated?**

Since you are the only one, who can feel, see and understand your gap, you are the one responsible for what you do about it.

Let's look at gaps that are simple to see that have aroused and that people have not done anything about.

- A person eats more than they need they get fat.
 People drink more than they should they become alcoholics.
- A person does not give all it takes at work they are among the ones to get fired.
- A person does not tell what they like and dislike in a relationship people break-up.

If we just stand by - then the consequences say it all.

If you pay attention early in the phase to:

What is happening for you, you can in a simple way change to come back on track.

If you do not pay attention and keep it in leash or string. It will grow.



Just like grass if you do not cut it, it grows long. If you just eat, you become overweight. If you do not excise >> you, you get out of shape. There is balance in all we do, and it is our own way of developing our understanding of ourselves, and how we manage to explain to the people around us what is happening within.

You cannot neglect a gap; it will keep growing until you listen it is the power of a human gap.

Think about last time you had a disagreement with your partner – what was it about – A gap you saw? A gap you felt? Where did you not align?



Think about the last time a parent called you up about your daughter – what was it about – a gap they saw? Think about the last time your son said to you, no I want to do this – what was it about – a gap he saw?

A gap arises when we forget to listen and pay attention to one another. What is important for ME – and what is important for YOU. What is common and what is our difference.

Life gaps are very underrated?

We use the gap in business and here it is so clear to us, that we must define our strategy, have a vision and a plan to achieve it.

Yet in our own lives, do you know where you are, and where you want to go? And do you try to help others in good manners to understand what you are about and what is important to you?

In our families we take so much for granted, there is so much that we do not think about it just is as it is, yet when our parents pass away we see that sisters go different ways. The gap between who they are and what they want is too big for them to handle.

The power of a gap is underrated if it has an impact on you that you are surprised about. Gaps are part of life and there are gaps that we want to change so they comply with you and

there are gaps that are okay and that we can live with. The choice is solely yours, the only one it matters to, is you? Everyone else cannot see that there can be a difference.

Why Is Everyone Talking About Gap?

You may not use the word gap, but every time you object or can see an improvement, it is because of the gap you see or feel.

A gap is our personal driver, a gap is our way of improving what we do and how we do it. A gap is something from within and it is a strong driver.

It is change.





Gaps arise because of different values, and because of different destinations.

That is, what is so wonderful, about this life, that there is something for all of us, and if we work for what we want we can achieve it.

Gaps have different sizes and impacts and if you are working a small gap to find the balance you seek, the effort and strength that you need to give it is minor as if you are working a large gap.

The effort and strength you need can be more than you can ever ask of anyone.

We talk about gaps every day; we just call them something else-Gaps have many faces and many names

Everything You Need To Know About Gap.

Reading this, what are you thinking you need to know about a gap. What is a gap first sign? Is it something you see or is it something you feel? This is an ever on-going topic, whether it is one of the other or something different, it does not matter.

For you, the fact is that you are out of balance and that it has an impact on you. That is the only thing that you need to know, and there is only you that can feel and understand that you feel a gap.

Your learning is how you handle and work your gap, do you walk away, do you try to explain it to the people you love, do you neglect it, what are your actions and your doings.

That is all you must know and be aware of, so you can do what is right for you.





Doubts About Gap You Should Clarify.

For you to clarify a life gap is your own awareness of what is going on and what will happen.

If you have a gap with your partner, this may be okay you can live with the difference.

If you have a gap at work, you do not agree with the strategy and you do not see yourself doing, what you are asked – you will change your job and work somewhere else.

The trouble we all face is when we are in doubt about a gap

We know and feel the gap, but we are not giving it the awareness that we should. What happens? That is the question.





When you have a gap, you do not clarify and take to your awareness? What happens? – Who has the answer? Where do you go, and what do you do?

The Worst Advice We've Heard For Gap.

If you are the only one, who can feel and see the gap, then you are the one, who can change it back on track

It is all up to you to take, that role you find is right, and to do what feels right for you, it is your responsibility to tell others in a form away, so they have a chance to understand what it is you see that makes you feel the gap, what is the difference you want to achieve, what do you think is right.

Reasons Why Gap Is Common In USA

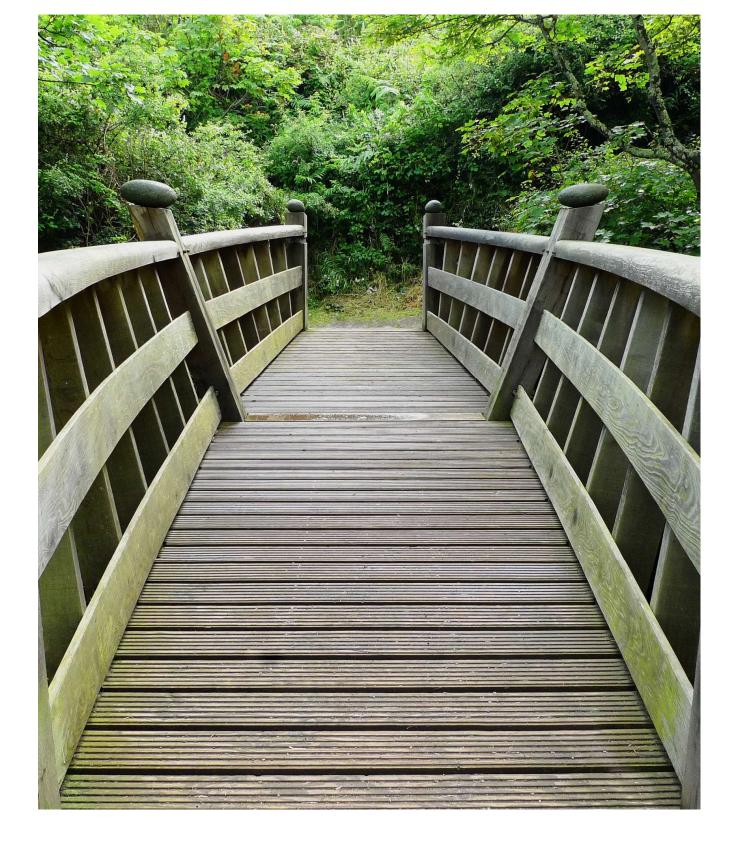
Gaps are life, this is what most of, what we do is about. Life is one long school, where we learn to understand our own life gaps. You go to school to learn to read, write.

The day you start there is a gap between what you can and what you need to learn. That why we get older and wiser.

Most life gaps are about learning, taking lessons to be better to come to a higher level, improving skills to achieve goals to be better at whatever you are doing

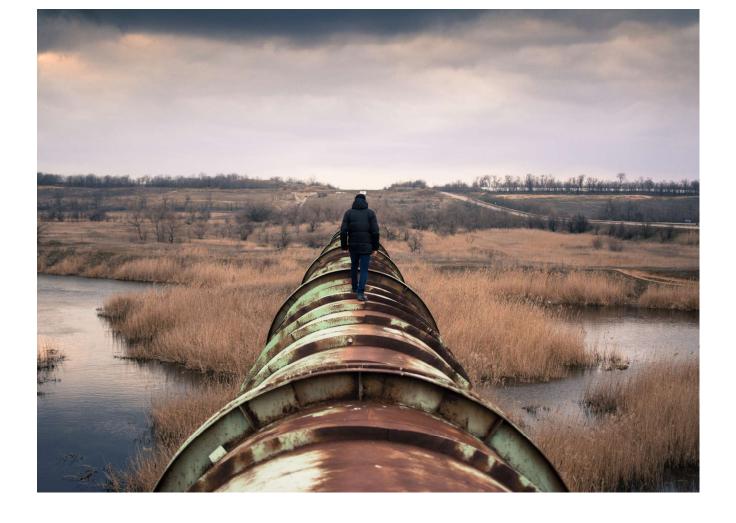
Gaps are life, this is our journey and there are gaps everywhere, and if we compete we see gaps between gold and silver.





Our way of learning our own gaps by understanding ourselves. How we teach ourselves to work our own gaps.

The way we talk to others, the way we try to work our gaps. That is the whole difference for us and what we achieve.



When we ask for support, help, and guidance.

It is because we within have a feeling of knowing that we can do it better, and how I understand, and what I tell myself about a life gap is also, how I will react, what I will do, and how I will do it.

You can always join CALcoachinganlife to seek the help and support you need in daily doings.

This lifetime is about controlling ourselves and our manners the gaps are there, and they have always been there, it is our manners about them that has changed.



How I Successfully Organized My Very Own Gap.

Successful people what do they do. They stay true to themselves.

They focus on what they want and how they want and how they will do it.

- If you fit in super if not super
- If you want to be a part super if not super
- If you like to contribute super if not super



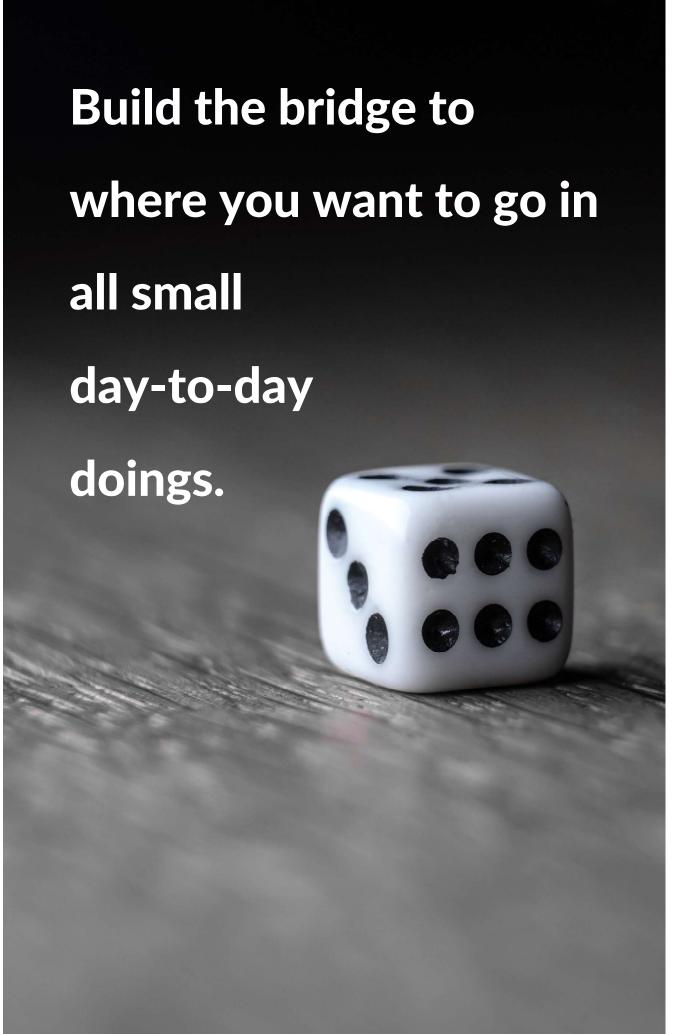
Focus is on ME, what is important to ME.

To achieve success requires the ability to the time to see and feel a gap, adjust early and fast and do it.

Successful people know where they are going and they stay on track. They have their soul, body, and mindset for a destination and every day is one next step towards their goal or outcome.

If you want to achieve just your way and your outcome, you too must accept that some will follow and join your path for a while, they may even come back and you may walk together for a while.

The learning is, how to let each other, stay free in good manners to continue the journey.





To organize own gaps is listening to the voice within.

Listen to the inner feelings and visions, and accept what you feel and hear

Start working on your own gaps and keep your focus on what is right for you.

To organize own gap is to keep the focus off oneself and let go of what others do and to organize own gap is to teach oneself to work, on what is important to oneself.

Knowing, that you are the only one, who truly understands and sees the outcome you are seeking.

To organize own gap is to do it – use the gap tools and analysis for guidance and support and join by invitation only for even better opportunities.



Understand The Background Of Gap

- Behind every gap is an intention
- 2 Behind every gap is something you would like to achieve.
- Pehind every gap is a wish
- Behind every gap is hope
- Behind every gap is a dream



Behind every gap is a hope, a dream, a wish to fulfill, to do even better as you see it.

You have something within that is leading you to an even better outcome.

Stay true to your goals and dreams and use the gap analysis and tools as support and guidance.

Use the memberships to get even better support and understanding among one another.



Gap Will Be A Thing Of The Past And Here's Why.

The word Gap will soon be a part of our past, as this decade is about adapting, change, and flexibility at a speed that is impossible for us humans to keep up. Today's trend tomorrow past, who can remember a time before the mobile, who can even remember life without a computer. Soon there will be no drivers in a car, system, and structure is taking over and our way of doing.

One of the places we really see how the service-minded - mindset has come into structure and steam. Is when we are flying.

We book a ticket and the ticket decides what service we are applied to, we do not have a chance to influence or change our trip, on the ticket is decided how much luggage's we can bring, it is decided in what step we are to board the aircraft and it is decided where we are going to sit.



Service and what we can do is determined of what we paid for the ticket. No personal service involved no possibility to change or influence. It is what is.

Facts is that adapting to change is ongoing and instead of calling it a gap, it is the fast-moving forward.

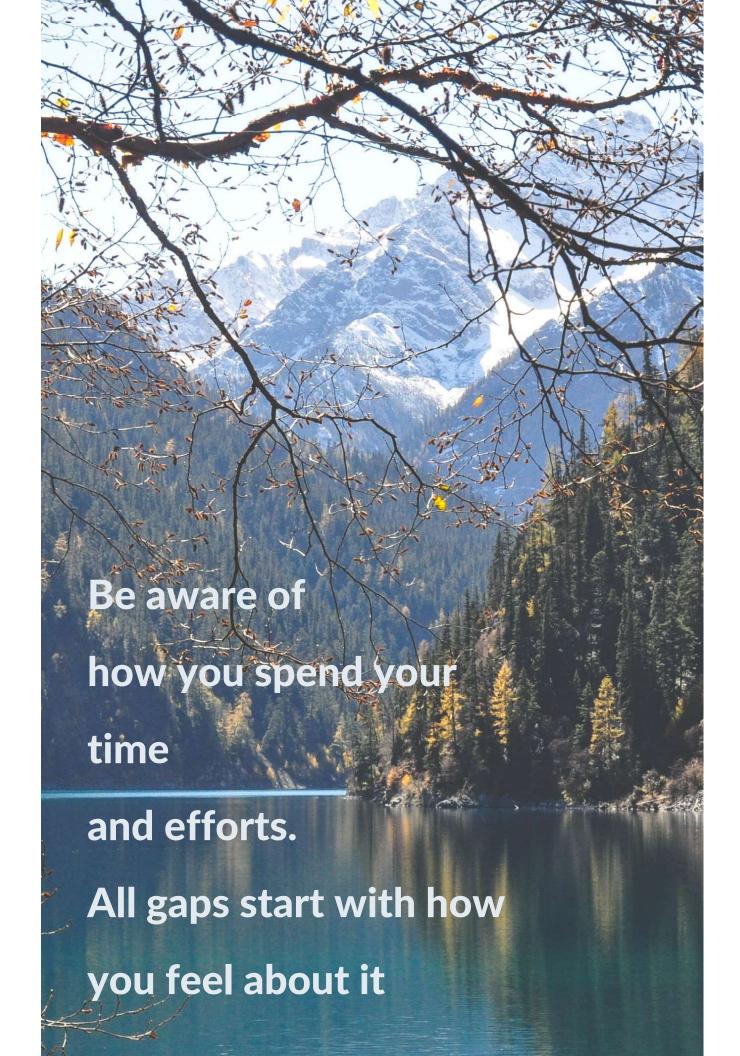
Our ability to adapt and do the right thing, what is right for you, as you are the only one, that knows what is the right thing to do for you.

A lot and much will be determined with your way of thinking about it and learning yourself how to hold on to what is right for you.

What you chose to will make the difference and if you decide not to do and work on your way for you then it is will become.

The Gap That Had Gone Way Too Far.

It all starts over, and you will need to reach for your own way of life. What you do will determine and take you to places you want to go.



Chose To Learn And Train Is A Choice







I believe the key to alignment is to ask



Berit Ladefoged Founder of Coachingandlife