

If the **MY-CALmunity** is the best fit for you, one or more of the questions below will describe how you are feeling...

- Do you know you are ready for more, but aren't clear on what that looks like...or...you have *some* clarity but just can't seem to get there?
- Do you sometimes feel like there is an obstacle in your way preventing you from fully achieving your goals, but can't quite figure out what that is and/or how to remove it?
- Are you someone who has some knowledge and awareness of personal development, but still feel like you aren't making the progress you wish to make and are frustrated, since you are (more than) ready to move forward?!
- Do you find that you can make progress for a while, but can't seem to sustain it at the level you would like to?

**Do you want to change that  
to knowing what you want and be a  
strong you!**