

If the **ME-CALmunity** is the best fit for you, one or more of the questions below will describe how you are feeling...

- Do you feel unclear on what is next for you, but would like to be, do, have, or experience something different in your life?
- Do you feel stuck in your current job, relationship, financial situation, or any circumstance or condition in your life and don't know how to move forward?
- Do you feel like what you want is unattainable and/or that you don't have the ability, or the resources required to attain what you desire?
- Do you sometimes or often feel frustrated, depressed, anxious, sad, angry, trapped, confused or any other undesirable emotion, and would like to connect with others to receive guidance and support to feel good about yourself and your life?

**Do you want to change that
to knowing what you want and be a
strong you!**