

## MY-MEMBER

You want to learn coaching tools and techniques, by surrounding yourself with coaches, mentors and people who want to learn and know more about coaching tools and techniques.

Goals:	Are to highlight different coaching tools and usage of the tools enlighten each other horizon
Purpose:	Teaching, learning to achieve new knowledge of tools for better performance
Member-role	Is to bring on knowledge and coaching tools to extend members horizon
Rules	Apply to CAL rules and Good Coaching Practice, Support and Guidance

### How it works:

- MY-teams are 12 people in a group that meet-up in online at the CAL-Forum,
- you have your own forum and can visit other groups and MY-members
- Virtual 12 times a year with a CAL coach leading the Call.
- Meetup every week - Members only ask your questions. (Virtually)
- Ask your questions and get answers from members and CAL coaches
- Groups are randomly set for the power of life wisdom and knowledge to be explored