

# **To master knowledge, skills and ability**

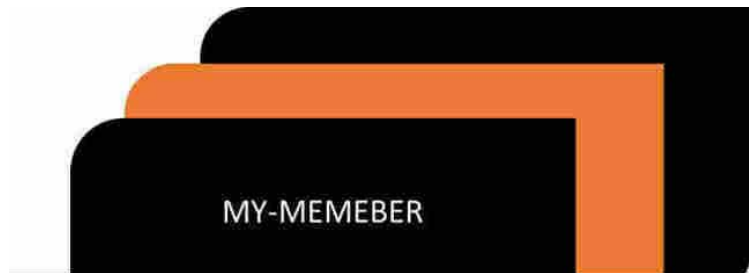
Helps you to find clarity in your words and communication by being able to handle and solve conflicts, resistance, diversity and feelings.

Above all - to know and understand your words and your communication

**MY**

**Maintain Yourself**

**Focus is knowledge, skills and ability**



New Learning  
Know-how and  
skills

**MY**

**Focus is on your knowledge, skills and your ability ..**

- Do you seek knowledge and tools to develop your skills competencies?
- Join our resource groups for development and get
- Awareness of own strengths and weaknesses  
Know Efficient use of own resources
- Get the progress in life you want
- Get Concrete tools for both work and private and get rid of bad habits.
- Use your skills and resources to pursue your goals.

♠ **Here is what you get and commit to** ♥

# ♠ MY-MEMBER ♥



- 12 in your team
- Unite to support and guide each other
- Virtual Call every week – lead by a coach
- Mentoring Group – ask and get answers from coaches
- Every 12 weeks you get priority getting your questions answered.

How to sign up



## **Your steps To Join**

- Go to sign up and choose the MY-MEMBER**
- Purchase, you are now a member**
- Your Onboarding information and schedules will be sent to your e-mail**
- Personal onboarding**

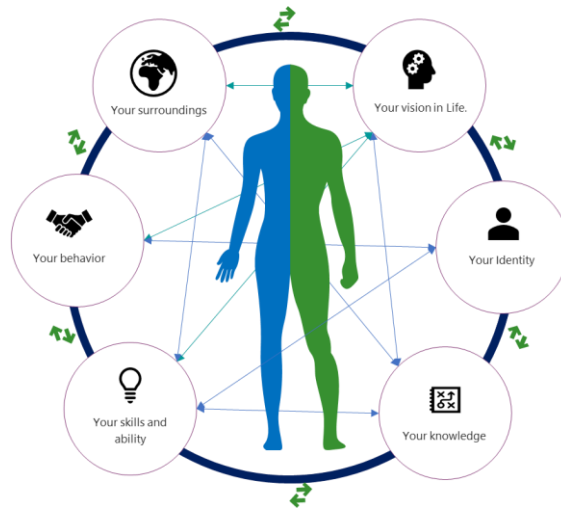
Commitment is everything...

Therefore we offer you to  
sign a contract with and for yourself....

# Members on contract

You can sign a contract with and for yourself for clarity and commitment.

# ♠ MY-MEMBER ♥



- 12 in your team
- Sign a contract with and for yourself
- Unite to support and guide each other
- Virtual Call every week – lead by a coach
- Mentoring Group – ask and get answers from coaches - masterminds
- Every 12 weeks you get priority getting your questions answered.

## **Your steps To Join**

- Sign a contract for yourself**
- Go to sign up and choose the MY-MEMBER**
- Purchase, you are now a member**
- Your Onboarding information and schedules will be sent to your e-mail**
- Personal onboarding**

♠ **Your clarity and benefits** ♥

# Your clarity and benefits

- Increasing effectiveness
- Sorting through challenges; a place to think out loud
- Becoming a better listener
- Clarifying expectations
- Being seen as a ....
- Staying focused and relaxed while managing ....
- Improving your leadership skills
- Becoming a better listener
- Balancing work and family
- Understanding and working through cultural differences
- Clarifying expectations between team members and with management
- Being seen as a team player
- Clarifying expectations between team members and with management
- Being seen as a team player
- Working through self imposed restraints
- Health
- Family
- Friends



We onboard everyone personally

IF you have any Questions

♠ Ask ♥