



CAL PROGRAM OVERVIEW

PROGRAM:

DreamBuilder Plus +

Judy Hersch
Life Mastery Consultant





Title of Program: DreamBuilder Plus +

Program Summary

In this life-changing, 6-month journey of personal and professional transformation, you will learn to discover and deliver the life you were meant to be living, while accessing and activating your 6 mental faculties that are keys to awakening the genius within!

PART I: DreamBuilder (12 weeks)

Imagine – a simple system for discovering what your dream is AND the confidence and tools to go after it with joy and peace of mind.

In this proven, 3-month process for transforming your life and jump-starting the results you want to see, you will learn to live the life you want and enjoy the fulfillment of building your dreams.

You will embark on a journey that will support you in defining, designing, testing, and living into your dream. You will create the seed of your dream, and then prepare, cultivate and weed the soil to give that seed the very best chance of growing into the life you have imagined.

☐ Week 1 Defining Your Dream

Outcomes: You will learn how to reveal to yourself what it is you really want to be, do, have, give or create. You will understand how to reorient your thinking so that you can really explore possibilities - and set your sights on what you really want.

☐ Week 2 Testing Your Dream

Outcomes: You will learn how to confirm that the dream you defined in the first week is worthy of you. As you will be investing your time, energy, and focus on building your dream, this week is important to know you are in alignment with what is for your greatest good and therefore for the greatest good of all.

☐ Week 3 Increasing Your Sense of Deserving

Outcomes: Shifting your perception of self to understand the truth of who you are and the power that you have to create the results you deeply desire. Secondly, learning to amplify your sense of feeling deserving so you can attract what you need to create your dream into physical reality.

☐ Week 4 Befriending Your Fear

Outcomes: Learning to have fear without fear having you. Gaining tools to remove fear from the driver's seat of your life and placing your passion, purpose and desire for a life you love in control.



Week 5 Activating the Law of Circulation Through Giving

Outcomes: Gain mastery in the skill of attracting a flow of abundance in all areas of life – creativity, love, support, money, success, and more!

Week 6 Changing Your Perception

Outcomes: Understanding and implementing the power of giving one perception for another to open the doors to an entirely new life and experience of freedom.

Week 7 Setting Yourself Free Through the Practice of Forgiveness

Outcomes: Gaining mastery in specific tools to transform a feeling of separation into connection through forgiveness. Removing long-standing, subconscious emotional blocks.

Week 8 Listening to the Still, Small Voice

Outcomes: Learning to connect more consistently and consciously with your intuition to enable it to guide you and accelerate the outcomes you deeply desire.

Week 9 Creating a Support System

Outcomes: Understanding the power of establishing mastermind partnerships and building those partnerships with others in your group.

Week 10 Training Your Mind

Outcomes: Learning to raise your awareness to access your genius mind – the one that is aligned with the answers, solutions, insights, and commitment to creating a life you love waking up to daily.

Week 11 Turning Failure from a Stumbling Block into a Stepping Stone

Outcomes: Understanding how to use failure as feedback to fuel your next steps!

Week 12 Harvesting

Outcomes: Gaining tools for living in amplified aliveness – delivering your gifts, talents, and abilities in a life-giving way.



PART II: Into Your Genius (12 weeks)

Discover how to “activate” the 6 extraordinary gifts you were born with and learn how to use them to create a life you truly love living. By activating your 6 mental faculties you will be able to bring what you desire into existence without a lot of “hard work” regardless of what is going on around you. Your life begins to take on a whole new dimension:

- Experience greater clarity and confidence
- Make decisions with greater speed and accuracy
- Effortlessly gravitate toward a healthier lifestyle
- Abundance flows through your life naturally
- Experience deeper, more meaningful relationships

**** *We will spend 2 weeks on each of the 6 mental faculties below.***

☐ Week 1 IMAGINATION

Outcomes: You will learn the difference between Synthetic and Creative Imagination and you will learn how to harness your Imagination in ways that will advance you toward your goals and dreams.

☐ Week 2 INTUITION

Outcomes: You will be given tools to properly connect with your internal guidance system to be clear about what direction you should take in your life. Learn the difference between the mind and the brain and how to tell the difference between your Intuitive voice and all other “voices.”

☐ Week 3 WILL

Outcomes: Learn how to stay focused on what you would love instead of thinking about what you DON'T want. We will discuss the difference between Will and willpower and discover the most powerful form of energy in the Universe. You will learn to develop concentration and the power of Will to “notice what you are noticing”.

☐ Week 4 MEMORY

Outcomes: During this lesson we will learn that we actually all have perfect Memory and that Memory can be used both backwards and forwards. We will learn how to use Memory to really step into the life we are imagining.

☐ Week 5 REASON

Outcomes: This lesson will involve exploring the idea that we become what we spend our time thinking about and learn about the concept of “You Squared”. You will use your faculty of Reason to come up with our “Big Idea” (what we really want) and learn how to use this faculty to think through each situation we encounter.

☐ Week 6 PERCEPTION

Outcomes: We will discover a tool called the “Internal Pause Button” that allows us to look at every condition and circumstance from a different perspective. We will learn how to harvest the good from each situation we encounter and how to recognize a paradigm (thought or belief) that may be limiting and replace it with a new, more empowering paradigm.



Program Details

6 Month Group Program

- + Bonus - 6 Month *BY-INVITATION-ONLY* MEMBERSHIP
- + 6 SESSIONS 1-0-1 (1 per month)
- + Weekly Live Group Sessions via ZOOM
- + Monthly Immersion
- + Accountability
- + Tracking System
- + Workbooks
- + Teaching CDs
- + Meditation CD
- + Transcript of CDs
- + Additional Handouts & other Supplementary Resources
- + Support Group to ask and get answers:

www.coachingandlife.com/forums/forum/dreambuilder

Guarantee:

30-day no change full refund, but must prove you have done the work by joining my support groups, completing the weekly assignments, attending weekly Zoom sessions, and listening to the meditation CDs daily for 30 days.

***Must attend Support Group 4 of 26 times**

***Group Zoom weekly – must attend 4 of the 26 times**

Price \$6,000 + bonuses: (1) Complimentary *BY-INVITATION-ONLY* MEMBERSHIP (2) Ability to join other support groups and unlimited access to members.

Chance-of-a-Lifetime opportunity to receive the support you need to make changes and reach your goals and dreams. If not now, when?

You aren't meant to "go it alone"...and you will have a huge support system, holding you accountable while cheering you on, and providing you with the resources you need to succeed – again and again!