



CAL PROGRAM OVERVIEW

PROGRAM:

DreamBuilder

Judy Hersch
Life Mastery Consultant





For the support group: DreamBuilders

Title of Program: DreamBuilder

Program Summary

Imagine – a simple system for discovering what your dream is AND the confidence and tools to go after it with joy and peace of mind.

In this proven, 3-month process for transforming your life and jump-starting the results you want to see, you will learn to live the life you want and enjoy the fulfillment of building your dreams.

You will embark on a journey that will support you in defining, designing, testing, and living into your dream. You will create the seed of your dream, and then prepare, cultivate and weed the soil to give that seed the very best chance of growing into the life you have imagined.

☐ Week 1 Defining Your Dream

Outcomes: You will learn how to reveal to yourself what it is you really want to be, do, have, give or create. You will understand how to reorient your thinking so that you can really explore possibilities - and set your sights on what you really want.

☐ Week 2 Testing Your Dream

Outcomes: You will learn how to confirm that the dream you defined in the first week is worthy of you. As you will be investing your time, energy, and focus on building your dream, this week is important to know you are in alignment with what is for your greatest good and therefore for the greatest good of all.

☐ Week 3 Increasing Your Sense of Deserving

Outcomes: Shifting your perception of self to understand the truth of who you are and the power that you have to create the results you deeply desire. Secondly, learning to amplify your sense of feeling deserving so you can attract what you need to create your dream into physical reality.

☐ Week 4 Befriending Your Fear

Outcomes: Learning to have fear without fear having you. Gaining tools to remove fear from the driver's seat of your life and placing your passion, purpose and desire for a life you love in control.

- Onboarding Session
- 1-0-1 Coaching 45 min x 12
- Group Coaching x52
- Webinar – Weekly x52

- + Support Group to get answers
- + Day-by-Day support
- + Kick-start your life + Community
- + Your not alone that's the whole point



☐ **Week 5 Activating the Law of Circulation Through Giving**

Outcomes: Gain mastery in the skill of attracting a flow of abundance in all areas of life – creativity, love, support, money, success, and more!

☐ **Week 6 Changing Your Perception**

Outcomes: Understanding and implementing the power of giving one perception for another to open the doors to an entirely new life and experience of freedom.

☐ **Week 7 Setting Yourself Free Through the Practice of Forgiveness**

Outcomes: Gaining mastery in specific tools to transform a feeling of separation into connection through forgiveness. Removing long-standing, subconscious emotional blocks.

☐ **Week 8 Listening to the Still, Small Voice**

Outcomes: Learning to connect more consistently and consciously with your intuition to enable it to guide you and accelerate the outcomes you deeply desire.

☐ **Week 9 Creating a Support System**

Outcomes: Understanding the power of establishing mastermind partnerships and building those partnerships with others in your group.

☐ **Week 10 Training Your Mind**

Outcomes: Learning to raise your awareness to access your genius mind – the one that is aligned with the answers, solutions, insights, and commitment to creating a life you love waking up to daily.

☐ **Week 11 Turning Failure from a Stumbling Block into a Stepping Stone**

Outcomes: Understanding how to use failure as feedback to fuel your next steps!

☐ **Week 12 Harvesting**

Outcomes: Gaining tools for living in amplified aliveness – delivering your gifts, talents, and abilities in a life-giving way.



Program Details

3 Month Group Program

- + Bonus - 3 Month *BY-INVITATION-ONLY* MEMBERSHIP
- + 3 SESSIONS 1-0-1 (1 per month)
- + Weekly Live Group Sessions via ZOOM
- + Monthly Immersion
- + Accountability
- + Tracking System
- + Workbook
- + Teaching CDs
- + Meditation CD
- + Transcript of CDs
- + Additional Handouts & other Supplementary Resources
- + Support Group to ask and get answers:

www.coachingandlife.com/forums/forum/dreambuilder

Guarantee:

30-day no change full refund, but must prove you have done the work by joining my support groups, completing the weekly assignments, attending weekly Zoom sessions, and listening to the meditation CDs daily for 30 days.

***Must attend Support Group 4 of 13 times**

***Group Zoom weekly – must attend 4 of the 13 times**

Price \$3,000 + bonuses: (1) Complimentary *BY-INVITATION-ONLY* MEMBERSHIP (2) Ability to join other support groups and unlimited access to members.

Chance-of-a-Lifetime opportunity to receive the support you need to make changes and reach your goals and dreams. If not now, when?

You aren't meant to "go it alone"...and you will have a huge support system, holding you accountable while cheering you on, and providing you with the resources you need to succeed – again and again!