



CAL PROGRAM OVERVIEW

PROGRAM:

Leaders Beyond Limits

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For the support group: Emotional Mastery

Title of Program: Leaders Beyond Limits

□ Module 1 Ascension

Awareness: Discover how to improve self and achieve the desired change

Anchoring: Become overwhelmed with excruciating pain to not changing, and overflowing, consistent long-lasting pleasure to changing

Authority: To condition the mind with resources necessary to initiate a lasting change

Alternative: Develop a quick, easy, empowering fulfilling change to keep from diverting back to unwanted change

Affect: To create an environment and community ensuring lasting change

□ Module 2 Team Success

Integrity: Develop the character and performance to influence and inspire

Responsibility: Learn how to overcome the powerful human intuition to blame others

Intention: Develop a clear vision and work to make choices that enhance the vision

Support: Learn to understand and work to meet the needs of others

Faith: Build confidence to determine the level of results to achieve

Stability: Develop dependability, readiness, and sound time management to build an empire

- Onboarding Session
- 1-0-1 Coaching
- Group Coaching x 52
- Webinar – Weekly x 52

- + Support Group to get answers
- + Day-by-Day support
- + Kick-start your life + Community
- + Your not alone that's the whole point



☐ **Module 3 Strategy Pro**

☐ **Target Population: Determine who will benefit from the Training**

- New Hires,
- A Specific Division
- Employee Resource Groups
- Everyone
- High Potentials

☐ **Empowering Key Performers: Who will ignite the organization**

- C-Suite Leaders
- HR Professionals
- High Potentials
- Frontline Leaders
- Rising Leaders

☐ **System Development: Identify/Create Launch Event**

- Annual Meetings
- Town Hall
- Existing Training

Captivate & Triumph: Helpful Materials-Videos, Handouts, Slide Decks, Posters & Images, Certificate

Celebrate

12 Month Group Program

+ 12 Months MEMBERSHIP BY-INVITATION-ONLY

+ Quarterly Retreat

+ **Weekly Session ZOOM (need a time – to set it up) host no. from support group**

+ Quarterly 1-on-1 Session (45 minutes)

+ Monthly Immersion

+ Accountability

+ Tracking System

+ Workbook

+ Support Group to ask and get answer

www.coachingandlife.com/forums/forum/balance-and-mindset **must attend 42 of 52 times**

+ **Group Zoom weekly – must attend 45 of the 52 times**

+ Meditation CD

FREE Retreat Ticket for future event (First 2 sign up only)

Self-Confidence Check List

Guarantee:

30 Day no change full refund, but most prove you have done the work by joining the support groups where I am, completing the daily assignments, attending weekly Zoom sessions, submitting homework weekly, and listening to the meditation CD daily for 30 days.