

# Gap tool

*A great start to find your outcome*

look at one year when you use the GAP tool

**DO it, make the change you know**

A close-up photograph of a bright yellow plastic shovel stuck upright in a mound of grey sand on a beach. The shovel's handle is a simple D-shape, and its blade is partially buried in the sand. The background is a vast expanse of textured sand under bright, natural light.

We must all dig from where we stand

Where do I want to go?

What am I willing to do?

How will I do it?

Published by <http://www.coachingandlife.com> Source to download GAP Analysis Templates :  
<http://www.coachingandlife.com/gap> analysis

	<b>What I want to improve this year</b>	<b>Level today</b>	<b>Level for outcome</b>
1			
2			
3			
4			
5			

Looking at my year how will I do it?

		<b>Level today</b>	<b>Level for outcome</b>
<i>January</i>			
<i>February</i>			
<i>March</i>			
<i>April</i>			
<i>May</i>			
<i>June</i>			
<i>July</i>			
<i>August</i>			
<i>September</i>			
<i>October</i>			
<i>November</i>			
<i>December</i>			

Using a yearly plan gives great benefit, to understand oneself, am I doing what I want and am I making the changes that I am seeking sitting here reading this.

It is not worth much if you just read it, and then do not do anything about it, it is not your intentions that matters it is the result that counts.

That you have peace of mind because you did what was right for you.

That counts, that matters.

What are you going to do?

How often will you do it?

**Week 1**

	What will I do	When will I do it	Did I do it Yes	No
1				
2				
3				
4				
5				

**Week 2**

	What will I do	When will I do it	Did I do it Yes	No
1				
2				
3				
4				
5				

**Week 3**

	What will I do	When will I do it	Did I do it Yes	No
1				
2				
3				
4				
5				

**Week 4**

	What will I do	When will I do it	Did I do it Yes	No
1				
2				
3				
4				
5				